

"This & That" About Me Journal Ideas

The only rule is that there are no rules! Make it your own. Go out of order. Use these prompts to get you started, but fill your "This & That" journal however you want!

1. *Someday I will... (be, go, see, do)*

2. **My hero**

3. *If I had a million dollars \$\$\$*

4. **FAVORITE VACATION**

5. *well worn: my favorite thing to wear*

6. **my passion**

7. *After that, my life was never the same.*

8. *In my dreams*

9. **shoulda,
coulda,
woulda...**

10. *My Top Ten
(songs, movies, places)*

11. **Words to live by**

12. *I will never forget...*

13. *A day in my life
(my routine/schedule)*

14. **THINGS I WANT**

15. **THINGS I NEED**

16. *The best gift I ever got*

17. **Makes me laugh**

18. **My best friend**

19. **Something that I miss**

20. **My proudest moment**

